

GLENGARRY SKATING CLUB

TEACHING PENTICTON TO SKATE SINCE 1953

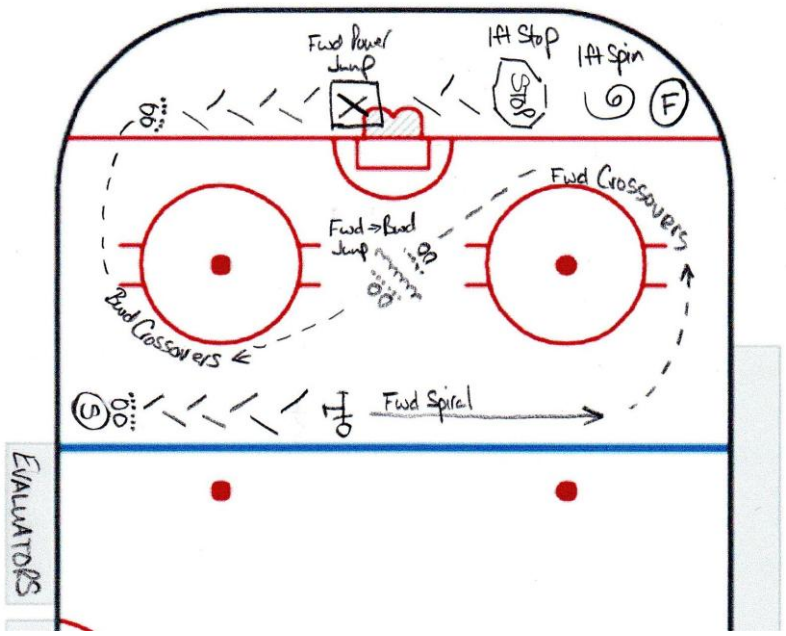
Winter Wonderland
Rising Stars – 7 Element Circuit Event

S = Start

1. Fwd Sprial (choice of foot)
2. Fwd Crossovers (CCW)
3. 2ft Fwd->Bwd Jump
4. Bwd Crossovers (CW)
5. Fwd Power Jump
6. 1ft Side Stop (choice of foot)
7. 1ft Spin

F = Finish

Skaters will perform two rounds of the circuit, and they will be assessed on the better of the two. After, skaters will perform a 30s Creative Expression routine which they will hear once for practice and then once for evaluation. Skaters will be evaluated on the Creative Expression routine as 'Complete' or 'Incomplete'.



As of 17 November 2026